



FATEH
CONQUER YOUR DREAMS

NEWSLETTER



ABOUT US

Assisting multiple students to achieve their dream of study abroad, Fateh Education has been mentoring students since 2004.

While providing the best guidance for university, scholarships, visa and destination, Fateh Education meets the need of the hour by moving to virtual platform during these tough times.

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IELTS

Learn something new through our online classes to achieve your targeted score in IELTS where nothing is challenging when you have authentic Cambridge practice material and guidance from our IELTS Experts through multiple sessions. Also, add on to your learning through our advanced level workshops.

For more details, contact:

Kavita: 9873104042
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Details at Page 2-3

MISCELLANEOUS

Reach out to us for the fundamentals once you are all set to move abroad. Rest assured for Finances, Accommodation, Insurance, Flight Tickets and Forex demands and keep yourself updated with the changes in the process by contacting our expert.

For more details, contact:

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Details at Page 4

HOW THINGS ARE ROLLING IN COVID-19 SITUATION



Awarded
INDIA'S
BEST AGENT
BY

 **EDUCATION**
IN IRELAND

4 YEARS IN A ROW - 2016, 2017, 2018 & 2019

UNIVERSITY UPDATE

Exeter University announces scholarship for our students

Apply through us to a master's course to stand a chance of gaining a scholarship at University of Exeter. All you need to do is to meet the eligibility criteria and show what makes you eligible for this scholarship.

Contact our counsellors now to apply before the deadline (4th November 2020) to be considered for a scholarship of £2,000 in the first-year International tuition fees. Understand what makes you eligible and how to go about it!

Accepting the challenge of virtual platform, Fateh Education, lives up to your expectations by arranging the university's meet on an online platform. Attend our upcoming Ireland and UK universities' events to understand how admissions are in process to the top-notch universities...

EVENT DATES

23rd October, 30th October, 06th November

Register today: event@fateheducation.com

Ensuring your safety in this situation, Fateh Education understands your need of learning from the comfort of your home and hence, introduces new IELTS batches, customized according to your needs. Further, to understand the need to gain in-depth knowledge about IELTS Speaking and Writing, we introduce Advanced level workshops.

Batch Dates

21st October | 22nd October | 28th October | 30th October | 31st October

Workshop Dates

**20th-22nd October
27th-29th October**

For more details, contact:

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Understanding Skimming

An action of reading something quickly just to understand the key points. As you need to find the correct answer in the passages in IELTS Reading, only skimming would suffice by making your task easy.

Action of skimming

- **Focus all your attention on reading:** forget what is going on around you, rather just focus on the text in front of you
- **Recognize:** take every word as symbol instead of word, so that you don't add up to your time in understanding it, you would be surprised to know how quickly your brain interprets the information without even realizing it
- **Uncovering is the key:** read the first sentence of each paragraph to understand the kind of information the entire paragraph will have
- **Skip the expendables:** avoid reading the complete details of everything

A. Lately, there has been extra stress on taking your vitamins on time or maintaining your intake by consuming different vitamin-rich foods, in order to boost your immunity. But before you reach out to pop that vitamin pill, here is a little more you should know.

B. All the vitamins are either water-soluble or fat-soluble. The difference between them is how they get absorbed and stored in the body. Both the types of vitamins are absorbed during digestion and any excess fat-soluble vitamins are stored in the liver and fatty tissues and excess water-soluble vitamins are flushed out of the body. Here is a list of fat-soluble vitamins and the sources to get them.

C. Fat-soluble vitamins are the ones that dissolve in fat. These vitamins need fat in order to be absorbed. If they don't get digested, they are stored in the liver and fatty tissues and used later for functions such as vision and controlling blood clots. On the other hand, the water-soluble vitamins can be consumed on an empty stomach and do not require any fat present. Water-soluble vitamins need to be consumed more often than fat-soluble vitamins. Too much build-up of fat-soluble vitamins in the body can be toxic. But toxicity rarely happens due to the diet alone and is usually caused by excessive consumption of supplements.

D. The major role of vitamin A is an important process called cell differentiation. This process specifies cells for a specific function in the body. Cell differentiation is what allows cells in the eyes to transfer an image to the brain and cells in the stomach to digest food. The vitamin is extremely important for pregnant women. It is also important for eye health and is found in various fruits and vegetables including pumpkin, carrots, sweet potatoes, kale, tomatoes and spinach. Animal products like cheese, butter and egg yolk are another great source of vitamin A.

E. Vitamin D regulates the absorption of calcium from the intestines. Calcium helps in blood pressure management, muscle contraction and helps in maintaining proper bone density. Vitamin D deficiency removes the calcium from the bone to maintain its necessary functions. This can lead to conditions such as osteoporosis and rickets. Studies have also shown that adequate levels of vitamin D in the body can also reduce the risk of severe COVID-19 infection. It is found in fatty fish, mushrooms, fortified milk and is produced by the skin when it's exposed to the sun. One can also take it in the supplement format if they don't go out in the Sun or are vegetarian.

Put the information in the order in which it appears in the passage after skimming the passage on the left.

- A. Absorption of vitamin A in body
- B. How to gain vitamins
- C. Storage of fat-soluble vitamins
- D. Uses of vitamin D
- E. There are two types of vitamins
- F. Cell differentiation enhancing vitamin

Check out our next issue for correct answers...

Answers to previous issue's question

1. jump
2. decline
3. drop
4. same
5. dip
6. slump
7. plunge

Amendment in TCS act

Tax Collection at Source is applicable from **1st October 2020**, on all forex transaction categories of sending money to abroad includes following purposes:

- Application fees / Deposit Fees
- Tuition Fees
- GIC / Blocked Account Transfer / FTS
- Accommodation
- And Living expenses

TCS shall be applicable on amount more than Rs. 7 lakhs in a financial year and not on the total amount.

Contact details

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STUDENTS SPEAK

Studying abroad was a dream I carried with me since childhood. The entire team at Fateh Education supported me to make this dream come true. I cannot thank Fateh Education enough. While I was trying to figure out which consultant to refer to for the entire process, I got in touch with various students studying in Ireland, and to be honest all of them suggested me to not think twice about Fateh. Their reputation in the country is tremendous, and it is all because of the time and effort they put in each and every prospective student's application. The guidance that they provide, and the positivity that they imbibe in the student, makes the long process starting from short listing the universities to attaining the visa so smooth and simple. I recommend Fateh to everyone to make their study abroad dream come true – **Nida Saifi**



It was my dream of studying abroad after completing my 12th for which I needed to get desired bands in my IELTS exam. So, I decided to join Fateh institute. I joined this Institute for training in IELTS. My overall experience was exceptionally good. My trainer Ms. Kanica Arora had great knowledge and was immensely helpful to me during the training. The course helped to build confidence, valuable experiences, and learning. They also provided me with the software named Cambridge Learning Management System (CLMS) which was particularly useful to me in my revision and practice. – **Aditya Thakur**



DELHI ● CHENNAI ● BANGALORE ● PUNE ● MUMBAI

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